

SWIM LESSONS



The City of Miami Gardens Youth and Adult Aquatic program helps participants build a foundation of basic aquatic skills. Participants are taught five (5) important components of personal safety, personal growth, stroke development, rescue, and water games/sports at each level of our swim program. All of our swim classes are taught by qualified and caring instructors.

Learn To Swim (LTS):

September 2014 - May 2015

Place: Betty T. Ferguson Recreational Days: Mon. & Wed. or Tue. & Thur. Sessions: 4 weeks – twice per week

Price: \$30 per session

Summer Sessions:

June – August

Place: Betty T. Ferguson RC

Sessions: 2 weeks – 4 classes a week
Days: Mon., Tues., Wed., and Thurs.

Price: \$30 per session

**Private swim lessons for all ages are available by appointment only.

Classes Offered by Age and Ability:

- Parent & child 30 minute classes: (children ages 6 month 3 years and their parents)
- Pre-school ages 3 years 6 years
 4 pm to 4:30 pm
 5 pm to 5:30 pm
 6 pm to 6:30 pm
- Youth ages 7 years 12 years
 4 pm to 4:40 pm
 5 pm to 5:40 pm
 6 pm to 6:40 pm
- Individual/Adult Lessons ages 13 & up 10 am

Swim for Safety

For more information please contact:

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Extension: 1232

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